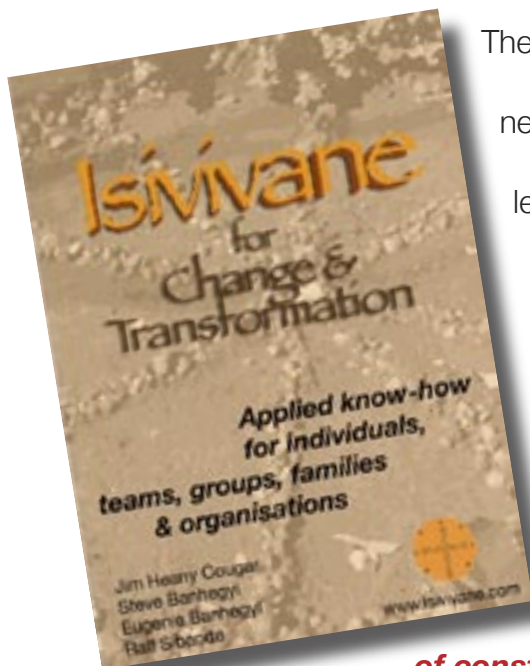


Having a practical understanding of personal and organisational change has become a key competency. As Darwin noticed, it is not the smartest or strongest, but the most adaptable that thrive. It makes sense for us all to become more fluid and adaptable to the changes happening in the world. In these three workbooks you will find how to attune to personal power, the power of the team and the power of the organisation. These courses have been offered on behalf of the University of Stellenbosch Business

Empowering the individual

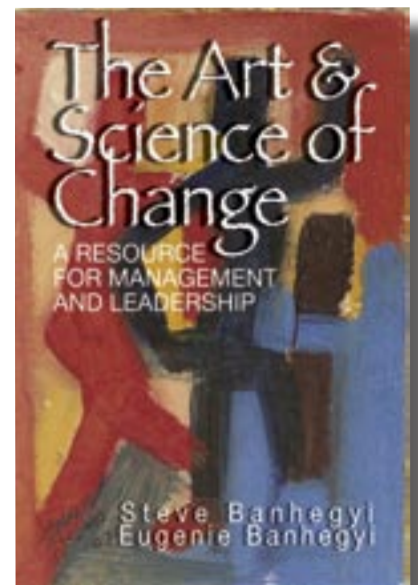
School, Naspers, Sasol, University of Johannesburg HR, City of Joburg, Gauteng Shared Services Centre, as well as at public workshops.

The workbooks are designed for all levels in an organisation — from new entrants to management and leadership.



Powerful conversations make powerful organisations. This material stimulates new, creative ways to see our past, our present and our future against a backdrop of constant change

Empowering teams, projects, groups and families



Empowering organisational, systemic and KM processes

About the Transformation series: *Who Are You?* is a narrative-based lifeskills course specially designed to impart the critical skills and know-how young people need when they enter the job market. The workbook is designed for school leavers from 16 to 25 years old and anyone else who is still trying to ‘find themselves’. *Who are You?* has been the core lifeskills course used by Cida City Campus for 4 years and it is constantly expanding to include issues that young people wish to explore. Both *Isivivane for Change and Transformation** and *The Art and Science of Change* have been developed as resources for transformation in an African context and have been tried and tested in many diverse environments and complex transformation processes.

What makes these resources unique is that they pay homage to the thinkers and dreamers of Africa, and interpret the most recent insights from psychology, group dynamics and the biological sciences to stimulate and develop the skills of self-discovery. What emerges are engaging stories and insights that inspire people to take responsibility for, as Ghandi put it, becoming the change they want to see in the world.

During the insecurity of deep change or ‘Living in History’, these resources, in the hands of capable facilitators, provide the structure and stories that individuals and groups can hold onto while they learn to negotiate unfamiliar territory with confidence and even a sense of enjoyment.

**Finalist in the 18th Mail & Guardian Investing in the Future, Investing in Life “Most Innovative” Award 2007*



Designed to be licenced to organisations and can include corporate ID and logo.

Who Are You? ISBN

978-0-9802550-0-3 (78pp) looks at the very personal views and understandings that influence everything we do and every relationship we engage in – including the relationship we have with ourselves. It is a self-study workbook for personal transformation and empowerment.

Isivivane for Change and Transformation

ISBN 978-0-9802550-5-8 (64pp) is a unique resource that helps you organise yourself and your team for success. The methods keep you going to ensure you complete a process in all its aspects, whether it is discussing an issue from all angles, developing new products, managing a project, and engaging participants in such a way that everyone is motivated and has ownership.

Art and Science for Change

ISBN 978-0-9802550-3-4 (178pp) is a guide for senior management and leadership, including HR, to help them manage change with confidence. A synthesis of modern and ancient ideas are used to allow people to engage with this most complex topic in their personal and organisational life.

